

BREAKFAST

Croissant

Served with butter and Folláin raspberry jam [1a,3,5,7,8,12]- €4.50

Pain Au Chocolat

[1a,3,7,8] - €4.50

Organic Porridge Oats [GF]

Served with honey
[5,7,8,11] - €3.95

Toasted Granola

Served with nuts, seeds, seasonal berries and Glenilen yoghurt
[1a,5,7,8,9,11] - €4.95

The Saba Mini

Sausage, bacon, fried free-range egg, baked beans and sourdough toast [1a,3,7,9,12,13] - €7.95

Scrambled Eggs on Toast

[1a,3,7] - €4.95
add sausage [1a,2] - €2
add streaky bacon [1a,2] - €2
add back bacon [1a,2] - €2

Bubble Waffles or Fluffy Pancakes

With vanilla ice cream and chocolate sauce [1a,3,9,7] - €6.95
add streaky bacon [1a,2] - €2
add seasonal berries - €2

DRINKS

JUICES

Orange, apple, cranberry,
pineapple - €2.00

SMOOTHIES

Funky Monkey

Strawberry and pineapple
blended with orange juice
- €3.00

Hanoi Honey

Cranberry and orange
juice mixed with berries
and honey - €3.00

ALLERGENS

- | | |
|----------------|---------------|
| 1. Cereals | 8. Tree Nuts |
| A. Wheat | 9. Celery |
| 2. Crustaceans | 10. Mustard |
| 3. Eggs | 11. Sesame |
| 4. Fish | 12. Sulphites |
| 5. Peanuts | 13. Lupin |
| 6. Soya | 14. Molluscs |
| 7. Milk | |

