

{ENIOY}

SABA NUTRITION GUIDE

[V] Vegetarian [GF] Gluten Friendly [PF] Paleo Friendly [VG] Vegan



- * Mild
- ** Medium *** Spicy **** Very Spicy

***** Very Very Spicy

All Saba's dishes are freshly prepared. Levels of spiciness are graded 1 to 5, so let us know how hot you would like it.

Our grass fed Hereford beef is Irish. All our dishes are dairy free, except our desserts.

If you have any particular requirements, don't hesitate to ask and we will try our best to assist.

ALLERGEN LIST

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya, 7. Milk, 8. Tree Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Sulphites, 13. Lupin, 14. Molluscs.

As there are nuts used in our kitchen, despite our best efforts, cross contamination is possible. If you have an allergy to peanuts or one of the other allergens we would ask that you advise a staff member.

An optional discretionary gratuity of 12.5% will be added to your bill for parties of five or more. Every cent is shared between the team in this restaurant. Discretionary gratuity is entirely optional. If you feel the service is in any way lacking, you need only ask, and the charge will be removed.

APPETISERS

Prawn Crackers

With a peanut and sweet chilli sauce [1,2,5] - 4.95

Black Pepper Squid*

Served with ginger soy sauce [1,6,14] – 12.95

Tempura Spiced Cauliflower* [V]

With a lime and mustard mayonnaise [1,10] - 10.95

Saba Chicken Wings*

With a soy sauce, honey and sesame glaze, served with a tamarind dip [1,6,11,14] – 12.95

Por Pia Thod [V]

Crispy vegetable spring rolls with woodear mushrooms, served with plum sauce, iceberg lettuce and mint [1,6,7] –11.95

Hoisin Duck Rolls

Aromatic shredded duck wrapped in pancakes with julienne of leek, cucumber, iceberg lettuce and hoisin sauce (served at room temperature) [1,6,11,14] – 12.95

Spicy Tofu Popcorn** [V]

Fresh tofu with carrots, spring onions and coriander, popcorn style with a chilli caramel sauce [1,3,11] - 10.95

Sundried Pork**

Marinated pork with palm sugar, oyster sauce, coriander seeds, soy sauce and white sesame seeds served with hot chilli sauce and sticky rice.

[1,4,6,12,14] - 11.95

LUNCH

Spicy Basil Beef Lettuce Cups***

Finely grounded mince beef stir fried with garlic, chilli, spring onions, green bean and oyster and soy sauce on lettuce cups
[1,4,6,14] - 13.95

Satay Gai

Grilled chicken skewers served with a peanut dipping sauce [1,2,5,6,7,8,10,11] -11.95

Tom Yum Soup***

Traditional hot and sour spicy soup with lemongrass, galangal, kaffir lime leaf, birds eye chilli and oyster mushrooms [2,4]

Chicken - 8.95 Tiger Prawn - 9.95

SALADS

Thai Beef Salad** [GF]

Stir fried beef with cucumber, lemongrass, cherry tomatoes, shredded carrots, coriander, shallots, spring onions, birds

eye chillis, peanuts, baby leaves and a tangy lime dressing [4,5] – 21.95

Grilled Red Chicken Salad** [GF]

Chicken marinated with red curry paste and served with onions, spring onions, shredded carrots, birds eye chillies, pomegranate, mango, iceberg lettuce and a tangy dressing [2,4,12]–20.95

CURRIES

Massaman Chicken* [GF]

With potatoes, onions, peanuts and crispy shallots [2,4,5] – 19.95

Gaeng Pet Nua*** [GF]

Red beef fillet curry with aubergines, string beans, peppers, chillies and sweet basil [2,4] – 21.95

Green Prawn*** [GF]

With pea aubergines, bamboo shoots, string beans, peppers, chillis and sweet basil [2,4] – 20.95

PLANT BASED

Vegan Bangkok*** [VG]

Flat rice noodles with babycorn, carrot, broccoli, Pak Choi, chinese leaf, onions, peppers, chillies, spring onions and sweet basil [1,6] – 17.95

Gaeng Karee Fuktong* [VG][GF]

Aromatic yellow butternut squash and sweet potato curry with onions and potatoes – 18.95

Vegan Phad Thai [VG][GF]

Flat rice noodles with peanuts, bean sprouts, babycorn, carrot, broccoli, Pak Choi, Chinese leaf and lime [5] - 17.95

Phad Kra Pao*** [VG]

Stir fried crispy aubergine with yellow bean sauce, green beans, tofu, babycorn, onions, peppers, chillies and sweet basil [1,6] - 18.95

NOODLES

Phad Thai* [GF]

Flat rice noodles with peanuts, spring onions, egg, bean sprout and lime [5] Chicken – 18.95 Tiger Prawns – 19.95

Vegetables & Tofu – 18.95

Saigon**

Vermicelli noodles with prawns, roasted pork, egg, carrots, bean sprouts, and spring onions Vietnamese style [1,2,3,5,6,14] - 19.95

Bangkok****

Rice noodles with beef, onions, peppers, chilli, spring onions and sweet basil [1,6,14] – 20.95

Fan Fo***

Egg noodles with crispy chicken, chilli paste, broccoli, carrot, spring onion, peppers and pak choi [1,2,3,6,14] - 18.95

WOK

Crispy Chilli Chicken**

With cashew nuts, sugar snap peas, spring onions and carrots [1,3,6,8,14] -19.95

Sweet and Sour

With cucumber, onions, peppers, cherry tomatoes, pineapple and spring onions [1,3,6]

Phad Khing*

With ginger, oyster mushrooms, spring onions, baby corn and peppers [1,6,14]

Phad Prik Sod***

With chilli, onions, peppers, mushrooms and sweet basil [1,6,14]

Boom!!!****

Fiery stir-fry with red curry paste, birds eye chillis, string beans, fresh peppercorn and galangal root [1,2,4,6,14]

Phad Nam Prik Pao**

With chilli paste in oil, woodear mushrooms, onions, baby corn, spring onions, chilli and sweet basil [1,2,4,6,14]

NOW CHOOSE FROM THE FOLLOWING:

Chicken – 19.95 Beef Fillet – 21.95 Tiger Prawns – 20.95 Vegetables & Tofu – 19.95

All curry, wok and Saba dishes are served with steamed Jasmine rice

NOODLE SOUP

Pho Bó

Rice noodle soup with beef and sweet basil served with bean sprouts, basil and condiments [1,6] - 19.95

Tom Yum Mama **

Mama noodles, crispy pork belly, tiger prawns, Pak choi, lemongrass, galangal, kaffir lime leaves, Thai chilli paste, birds eye chillies in a punchy fragrant Tom Yum soup [1,2,3,4,6,7,9,11] - 19.95

SABA DISHES

Our signature main course dishes created by our Executive Chef, Natthawut Khuhathong

Steamed Fillet of Seabass*

With ginger, soy sauce, Xao Shing wine and Chinese leaves [1,4,6,11,12,14] - 22.95

Chargrilled 10oz Angus Sirloin 28 Day Dry Aged**

With sauteed green beans with garlic, Saba house fries and red curry betal leaf sauce [1,2,4,6] - 36.95

Crispy Pineapple Duck

Crispy aromatic duck breast with stir fried pineapple, ginger, wood ear mushrooms, onions, peppers and spring onion with a mushroom and sesame sauce [1,6,11,14] - 22.95

Crispy Pork Belly

With hoisin sauce and stir fried Pak choy and pickled mooli [1,5,6,11,14] - 22.95

Lamb Massaman* [GF]

Slow-cooked Wicklow lamb with potatoes, onions, crushed peanuts and crispy shallots.
[2,4,5] - 23.95

PALEO

Caveman** [GF][PF]

Butternut squash, sweet potato,
Pak Choi, carrots, broccoli, peppers,
Chinese leaves, mushrooms and lime in
a red curry sauce [2,4]
Chicken - 18.95
Beef Fillet - 20.95
Tiger Prawns - 19.95

Rice not included

Vegetables and Tofu - 18.95

SIDES

Edamame Beans* [GF]

Served with Maldon sea salt and dried chilli flakes [6] - 6.95

Stir Fried Greens [V]

Stir-fried with a garlic and mushroom sauce [1,6,11] - 6.95

Saba Home Fries

Potato cubes with spring onion, coriander, sea salt and crushed chilli [1] – 5.95

Fried Egg Noodles

with bean sprouts & carrot [1,6,14] - 6.50

Saba Brown & Red Rice [GF] - 4.75

Steamed Jasmine Rice [GF] - 4.50

> Egg Fried Rice [3] - 4.75

