# aila SANOOK

**FENJOY** 

### SABA NUTRITION GUIDE

[V] Vegetarian [GF] Gluten Free [PF] Paleo Friendly

> \* Mild \*\* Medium \*\*\* Spicy \*\*\*\* Very Spicy \*\*\*\*\* Very Very Spicy

Kids options are available. Ask your waiter for more information.

#### ALLERGEN LIST

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya, 7. Milk, 8. Tree Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Sulphites, 13. Lupin, 14. Molluscs.

As there are nuts used in our kitchen, despite our best efforts, cross contamination is possible. If you have an allergy to peanuts or one of the other allergens we would ask that you advise a staff member.

This menu is for collection only.

# APPETISERS

Prawn Crackers With a peanut & sweet chilli sauce [1,2,5,7] - 2.60

#### **Black Pepper Squid\***

Served with a ginger soy sauce [1,6,9,14] - 8.50

#### Saba Chicken Wings\*

In a soy sauce, honey and sesame glaze, served with a tamarind dip [1,6,11,14] – 7.50

#### Por Pia Thod [V]

Crispy vegetable spring rolls with woodear mushrooms, served with plum sauce [1,6,7] - 6.50

#### **Hoisin Duck Rolls**

Aromatic confit of duck wrapped in pancakes with julienne of leek, cucumber, iceberg lettuce and hoisin sauce [1,67,9,10,11,14] – 7.50

Satay Gai Chargrilled Grilled Chickenskewers withpeanut sauce [1,2,4,5,6] - 7.50

# **SALADS**

Thai Beef Salad\*\* [GF] Stir fried beef with cucumber, lemongrass, cherry tomatoes, coriander, shallots, spring onion, birds eye chilli and a tangy lime dressing [5,6] - 11.45

# CURRIES

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Massaman Chicken\* [GF] With potatoes, onions, peanuts and crispy shallots [2,4,5]

Green Chicken\*\*\* [GF] With pea aubergine, bamboo shoots, string beans, peppers, chillis and sweet basil [2,4]

#### Gaeng Karee Fuktong\* [V][GF]

Aromatic yellow butternut squash and sweet potato curry with onions and potatoes

#### Gaeng Pet Nua\*\*\* [GF]

Red curry with string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil [2,4]

#### CHOOSE FROM THE FOLLOWING:

Chicken, Vegetables - 14.95 Beef Fillet, Prawns - 15.95

## WOK

#### Choose your favourite style:

Xao Hao Lo (Sao-Hua-Ler) With asparagus, oyster mushrooms, baby corn, snow

peas and cashew nuts [1,2,6,8,14]

#### Phad Khing\*

With ginger, oyster mushrooms, spring onions, baby corn and peppers [1,2,6,14]

#### Phad Nam Prik Pao\*\*

With chilli paste in oil, woodear mushrooms, onion, baby corn, spring onion, chilli and Thai sweet basil [1,2,4,6,14]

#### Sweet & Sour

With cucumber, onions, peppers, cherry tomatoes, pineapple and spring onions [1,2,3,6,14]

**Crispy Chilli Chicken**\*\*\* With cashew nuts, sugar snap peas, spring onion and carrots [1,3,6,8,14]

#### CHOOSE FROM THE FOLLOWING:

Chicken, Vegetables - 14.95 Beef Fillet, Prawns - 15.95

Certain Wok dishes can be modified for coeliacs and vegans

# NOODLES

Phad Thai\* [GF] Rice noodles with peanuts, eggs, bean spouts and lime with chicken and prawn [3,5] - 15.60

## Phad Thai Jay\* [V][GF] Flat

rice noodles with tofu, vegetables, peanuts, egg, beansprouts & lime [3,5] - 13.50

#### Saigon\*

Vermicelli noodles with prawns, roasted pork, egg, carrots, bean sprouts, and spring onions, Vietnamese style [1,2,3,4,5,6,14] - 14.50

#### Bangkok\*\*\*\*

Flat rice noodles with beef, onions, peppers, chilli, spring onions and sweet basil [1,6,14] - 14.95

#### Fan Fo\*\*\*

Egg noodles with crispy chicken, chilli paste, brocolli, carrot, spring onion, peppers and pak choi [1,2,3,4,6,14] - 13.95

#### Kung Fu

Egg noodles stir-fried with chicken, scallions, carrots and bean sprouts [1,6,14] - 13.95

## PLANT BASED

Vegan Phad Thai Jay\* [GF] Flat rice noodles with peanuts, bean sprouts, babycorn, carrot, broccoli, bok choy, chinese leaf & lime [5] - 13.50

#### Vegan Bangkok\*\*\*

Flat rice noodles with babycorn, carrot, broccoli, bok choy, chinese leaf, onions, peppers, chillies, spring onions & sweet basil [1,6] - 13.50

#### Vegan Gaeng Karee Fuktong\* [GF]

Aromatic yellow butternut squash curry with babycorn, carrot, broccoli, bok choi, chinese leaf, sweet potato, onions & potatoes - 13.50

## SIDES

**Egg Fried Rice** [3] - 3.15

#### Saba Brown & Red Rice

- 3.15

#### Fried Egg Noodles [1,6,14] - 5.15

#### Stir Fried Greens [V]

Stir-fried with a garlic and mushroom sauce [1,6,11]

#### - 6.45

Saba Home Fries Potato cubes with spring onions, coriander, sea salt and crushed chilli [1] – 4.95