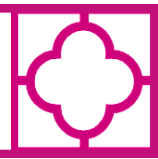




TAKEAWAY LUNCH MENU



Available from 12pm to 3pm



LIGHT BITES

PRAWN CRACKERS (1*,2,5*7*) [Wheat] €2.65

Served with a sweet chilli sauce.

SABA CHICKEN WINGS (1,6,11,14) [Wheat] 4 Pieces €3.95

In a soy, honey & sesame glaze with tamarind sauce

CHICKEN & VEGETABLE GYOZA(1,6,11) [Wheat] 3 Pieces €3.95

Chicken flavoured with ginger, lemongrass and garlic before being deep fried to a crispy texture

VEGETABLE PARCELS (1) [Wheat] V €4 Pieces €3.95

Served with sweet chilli sauce.

POR PIA THOD (1,6,7) [Wheat] V €2 Pieces €3.75

Crispy vegetable spring rolls with wood ear mushrooms & a plum sauce.

SABA THAI SPICE BOX (1,3) [Wheat] €9.95

Potato fries with fresh peppers, onions, spring onions, coriander, crispy chicken & Saba's secret spice blend
[Voted Irelands Best Spice Bag]

VEGETABLE SPICE BOX V GF €9.95

Potato fries with Tofu, fresh peppers, onions, spring onions, coriander & Saba's secret spice blend.

WOK

All wok dishes are served with steamed rice

PHAD PRIK SOD (1,6,14) [Wheat] €13.50

With birds eye chillies, onions, peppers, mushrooms & sweet basil.

CRISPY CHILLI CHICKEN (1,3,6,8,14) [Wheat] €13.50

With birds eye chillies, onions, peppers, mushrooms & sweet basil.

NOODLES

Can be modified for coeliacs and vegetarians or choose from the following: chicken & prawn, chicken or prawn.

PHAD THAI (2,3,5) GF €12.50

Flat rice noodles with peanuts, egg, carrots, spring onions, bean sprouts & lime.

PHAD THAI JAY (3,5) V GF €12.50

Flat rice noodles with peanuts, egg, carrots, spring onions, bean sprouts & lime.

FAN FO (1,2,3,6,14) [Wheat] €12.50

Flat rice noodles with peanuts, egg, carrots, spring onions, bean sprouts & lime.

CURRY

All curry dishes are served with steamed rice.
Choose Beef or Prawns for extra €1

MASSAMAN CHICKEN CURRY (2,4,5) GF €13.50

With potatoes, onions, peanuts & crispy shallots
[Voted Best Curry in Ireland]

GREEN CURRY (2,4) GF €13.50

With string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil

YELLOW CURRY GF €13.50

With onions, potatoes & crispy shallots

PROTEIN HIIT

These dishes are higher in protein and will benefit the body by reducing muscle soreness and promoting muscle repair.

SWEET AND SOUR CHICKEN (1,3,6) [Wheat] €13.50

With onions, pineapple, spring onions, tomatoes, mixed peppers

Calories: 479. Protein: 59g

CAVEMAN CHICKEN (2,4) GF PL €12.50

Butternut squash, sweet potato, bok choy, carrots, broccoli, peppers, Chinese leaves, mushrooms & lime in a red curry sauce

Calories: 462. Protein: 37.4g

LEAN MEAN MACHINE

This meal deal is for our customers who want a treat and are also tracking. (Rice is not included)

PHAD PRIK SOD PRAWN (1,6,14) [Wheat] €14.50

With chillies, onions, peppers, mushrooms & sweet basil.

Calories: 273. Protein 23g

PHAD KHING CHICKEN (1,6,14) [Wheat] €13.50

With ginger, shitake mushrooms, spring onions, baby corn & peppers

Calories: 331. Protein 34g

SPICY BEEF SALAD (4,5) GF €11.95

With lemongrass, peanuts, tomatoes, shallots & cucumber

Calories: 294. Protein: 33g

STEAMY SUPER SOUPS

PHO BO - BEEF NOODLE SOUP (1,6) [Wheat] €12.50

With potatoes, onions, peanuts & crispy shallots
Flat rice noodles, beef fillet, beansprouts, spring onion in a delicious Vietnamese broth with crispy garlic and fresh coriander.

VEGAN

VEGAN BANGKOK (1,6) [Wheat] €12.50

Flat rice noodles with baby corn, carrot, broccoli, bok choy, chinese leaf, onions, peppers, chillies, spring onions & sweet basil.

VEGAN PHAD THAI JAY (5) €12.50

Flat rice noodles with peanuts, Tofu, bean sprouts, baby corn, carrot, broccoli, bok choy, chinese leaf & lime

VEGAN VEGETABLE YELLOW CURRY GF €12.50

With onions, crispy shallots, baby corn, carrot, broccoli, bok choy, chinese leaf, onions & potatoes.

SABA REWARDS

JOIN SABA REWARDS TO GET FREE EATS*



DOWNLOAD THE SABA APP NOW TO GET STARTED!

*Each order To Go placed over €15 receives a Saba Rewards Stamp. Every 4th order you place gets you a reward. Terms and Conditions apply.



➤ CHECK OUT OUR FULL MENU!